[](https://www.google.com.au/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwj8jM2wnezcAhVWUd4KHTrBBlcQjRx6BAgBEAU&url=https%3A%2F%2Fwww.freepik.com%2Ffree-icon%2Fmuscle-flex-outline_733076.htm&psig=AOvVaw18aYikQxcdgX0MOAalL6Kh&ust=1534325313970304)

Resilience